



Volunteer Role Profile



Volunteer Community Dietician

People living with HIV in London are referred to The Food Chain for nutritional support and advice. Our services are designed to help people get well, stay well and lead independent lives. We require qualified Dieticians to volunteer their nutritional knowledge and skills to support our service users to achieve their outcomes during their Food Chain journey.

What does the role involve?

You'll screen new referrals over the phone and verify completeness and accuracy of information (CD4 count height, weight etc) provided by the referrer (GP, social worker, nurse etc). You'll perform assessments over the phone and will take a diet and lifestyle history from the service user to assess their dietary needs and any barriers to accessing good nutrition. A quality of life assessment will also be performed. You will then provide nutritional education and advice on diet and put together an appropriate package of services which will include any of our services up to all four of them: groceries, meals, Eating Positively (cookery and nutrition classes) and/or Eating Together (communal eating sessions).

You will be allocated your own case load to manage to enable you to build a relationship with the service users. You may be able to assist the Community Dietitian with research, audits, projects or service development initiatives as required by the services.

This role is subject to an informal interview.

How often do I need to volunteer? How much time do I need to give?

Hours are 9.30am – 5.00pm minimum one fixed day a week at The Food Chain office.

We are hoping that you can commit to at least 3 months to ensure effective relationship building and to ensure service user's personalised nutrition care plans are delivered on time.

What training and support will I get?

- Office Volunteer Induction
- HIV Awareness and HIV Nutrition training
- Service User Support training
- Specialist software training including Salesforce CRM
- Supervision and support from the Community Dietician

Expenses:

We can reimburse any travel expenses incurred up to the maximum value of a zone 1-6 travel card and lunch expenses up to the maximum of £5

What skills do I need to be a really good Volunteer Community Dietician?

- Registered with the Health Professionals Council as a qualified Dietician
- Professional Indemnity insurance
- Excellent written and verbal English language skills
- The ability to work independently and as part of a team
- Patient and persistent and have excellent inter-personal skills
- Excellent time management skills
- Be computer literate and proficient with Word, Excel, Power Point and the web
- Demonstrate a friendly and confident telephone manner, with excellent listening skills
- Demonstrate an understanding of data protection and confidentiality
- Excellent record keeping skills
- Be aware of your own limitations and consult with the HIV Specialist Community Dietician as appropriate