

the food chain

feeding the fight against HIV since 1988

Who We Are

We exist to ensure people living with HIV in London can access the nutrition they need to get well, stay well and lead healthy, independent lives. We are the only HIV nutrition charity in the UK and our services offer a vital lifeline to some of the most vulnerable people in our community.

We are a small staff team which includes two HIV Specialist Dietitians,. Over 100 active volunteers are crucial in the delivery of our services.

We offer tailored nutritional support through a Dietetic Assessment, which opens the door to our services: balanced home-delivered groceries, formula milk for new babies, ongoing nutrition advice, and invitations to our communal meal service which brings isolated people together.

70% of our Service Users are referred to us by the NHS, and all are experiencing crisis. Every penny you contribute helps when they are most in need.

88p of every £1 donated goes directly to charitable service delivery

"I've been sharing about your charity ... it's just beyond anything! The first 2 orders I cried because I received so much stuff I loved and enjoyed but just could not get. It meant so much to me! I'm extremely grateful."

Your support can make a real difference in someone's life



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How You Can Help

Donation or Grant

Support our meal service, Eating Together, giving Service Users 2 nutritionally balanced meals each week plus access to dietetic support

Raffle & Auction Prizes

Food hampers, vouchers, kitchen equipment, cream teas and anything you can offer are welcomed

Volunteering days

Come and join us in our kitchen for a baking day: try your hand with all types of cakes, pastries and savouries, supervised by our staff

Charity of The year

Support us for a whole year! Fun runs, bake-off challenges, donation and volunteer time matching... there are lots of ways to stay engaged

Nutrition Talks

Our Specialist Dietitians can visit your organisation to deliver informative and fun talks on all aspects of nutrition, health and HIV awareness

% On The Bill

Restaurateurs and retailers - add a donation or round up your bill and support our cause

Our Commitment to You

Recognition in publications, on our website and social media shout-outs

Opportunities to engage with our community - whether that's visiting an Eating Together meal or other fun and rewarding activities

To be communicative, efficient and transparent - including about what your donation has achieved

We'd love to hear from you

Tel: +44 (0)20 7843 1800

Email: fundraising@foodchain.org.uk